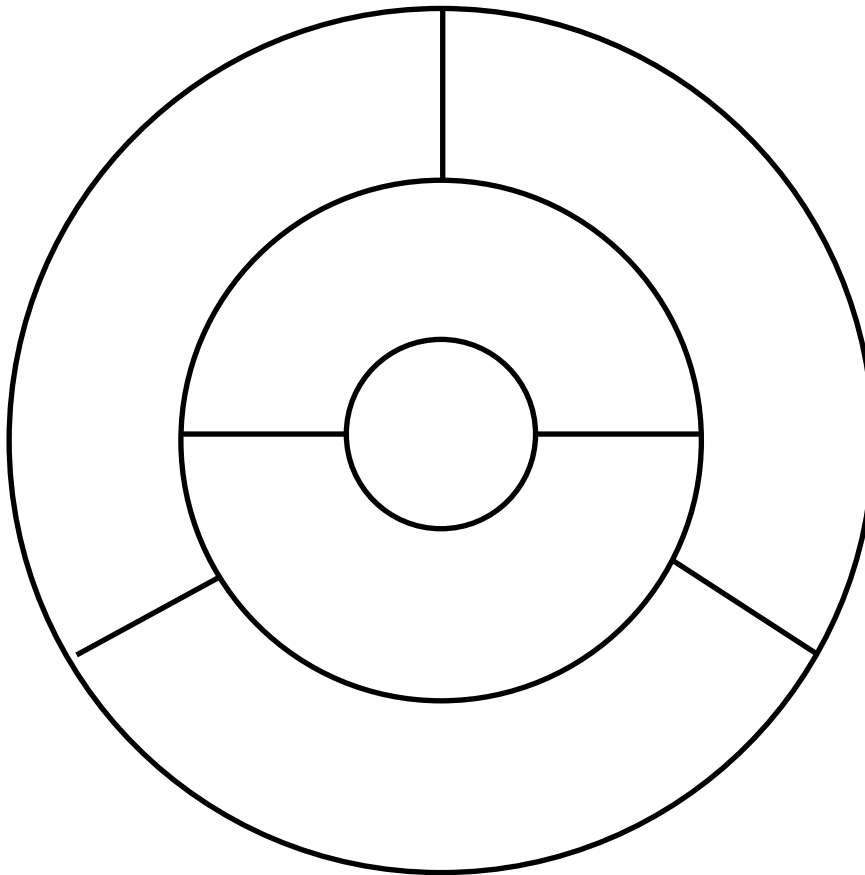


# My Core Values (20 minutes)

1. From the list of values below, select six that are most important to you. Reflect upon all aspects of your life, at home, at work and in the community.
2. From the six you have selected, choose the most important value in the inner circle
3. Place the next two most important values in the middle circle.
4. Place the next three most important values in the outside circle.

- Authenticity
- Compassion
- Faith
- Family
- Friendship
- Happiness
- Hope
- Influence
- Integrity
- Joy
- Justice
- Love
- Loyalty
- Peace
- Power
- Recognition
- Security
- Service
- Status
- Success
- Truth
- Wealth
- Wisdom
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5. When finished, discuss the following questions with a small group of 3-5 people.
  - What made you prioritize some values over others?
  - Did you add new values to the list? What are they and why did you choose them?
  - Where are there similarities and differences among your team?
  - How might this discussion inform you to provide good support to someone on your team?